

PROOF

Top Print Area

PO:
QTY:
BAG COLOR: WHITE
IMPRINT COLORS:

Fold

APPROVAL DATE:
YYYYMMDD

SHIP DATE:
YYYYMMDD

Main Print Area

Fold

NET WT 3 OZ (85g)

IMPORTANT
**PLEASE
READ!**

**We rely on you
to proof and approve
all copy.
Double check fonts,
spelling, phone
numbers, asi# etc.
Then give us the okay,
or the fix-it list.**

Microwave Popcorn Nutrition Facts

Serving Size 1 ounce (28g)
Servings per container about 3

Amount per Serving
Calories 130 **Calories from Fat 60**

Total Fat	7g	11%
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Saturated Fat 3g	13%
Trans Fat 1g	

Cholesterol 0mg	0%
Sodium 250mg	11%

Total Carbohydrates	16g	5%
Dietary Fiber	3g	11%

Sugars 0g

Protein 2g

	Vitamin A	0 %	Vitamin C	0 %

Calcium	0%	Iron	5%
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*Percent Daily values are based on a 2,000 calorie

*Percent Daily values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your caloric needs

Calories	2,000	2,500
Total Est	less 650	800

Amount	Amount
less than 20g	less than 20g
20g to 25g	20g to 25g
more than 25g	more than 25g

Cholesterol	less than 300mg	300mg
Cholesterol	less than 300mg	300mg

Sodium	less than	2400mg	2400mg
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Total Carbohydrates	300g	375g
Dietary fiber	25g	30g

Calories per gram	
Fat 9	Carbohydrates 4 Protein 4

INGREDIENTS: POPCORN, PALM OIL, SALT, ARTIFICIAL FLAVOR, CONTAINS: MILK AND SOY

Packaged by Farm Fresh Popcorn Company
690 S Highway 89, Suite 200, Box 9670 Jackson, WY 83002

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